Definitions from Oxford (Lexico) and Cambridge online dictionaries, and Phrasefinder https://www.phrases.org.uk/index.html

1.

Every cloud has a silver lining. No matter how bad a situation might seem, there is always has some good aspect to it.

Every dog has its day. Everyone will have good luck or success at some point in their lives.

One good turn deserves another. If someone does you a favour, you should take the chance to repay it.

A little knowledge is a dangerous thing.

A small amount of knowledge can mislead people into thinking that they are more expert than they really are, which can lead to mistakes being made.

An apple a day keeps the doctor away. [*What it says on the tin*]

2.

A bird in the hand is worth two in the bush.

It's better to have the certainty of a small benefit than the possibility of something greater which may come to nothing.

The early bird catches the worm. The person who takes the earliest opportunity to do something will gain the advantage over others.

A rolling stone gathers no moss. Someone who does not settle in one place rarely prospers.

A bad workman always blames his tools.

A person who has done something badly will seek to lay the blame on their equipment rather than admit their own lack of skill.

He who laughs last laughs longest.

Don't rejoice too soon, in case your delight at your own good fortune is premature.

3.

Flogging (Beating) a dead horse. Wasting effort on something when there is no chance of succeeding.

It ain't over till the fat lady sings. Nothing is irreversible until the final act is played out.

Tomorrow is another day.

Scarlett O'Hara's closing words: "Tara. Home. I'll go home, and I'll think of some way to get him back. After all, tomorrow is another day" -- Margaret Mitchells, Gone With The Wind, 1936

Truth is stranger than fiction.

Attributed to, and almost certainly coined by, Lord Byron, in the satirical poem Don Juan, 1823: "' Tis strange - but true; for truth is always strange;/ Stranger than fiction; if it could be told,/ How much would novels gain by the exchange!"

It's no use crying over spilt milk.

It's no use being upset over something that has already happened and cannot be changed.

4.

The road to hell is paved with good intentions. Promises and plans must be put into action, otherwise they are useless.

The course of true love never did run smooth. There'll always be problems in a romantic relationship. Lysander to Hermia, in Act 1 Scene 1 of A Midsummer Night's Dream.

The pen is mightier than the sword. *Thinking and writing have more influence on people and events than the use of force or violence.*

The wish is the father to the thought. People are more inclined to believe that which they wish or hope to be true. E.g. Shakespeare's 2 Henry IV: 'Thy wish was father, Harry, to that thought'.

Necessity is the mother of invention. Difficult situations inspire ingenious solutions.

Procrastination is the thief of time. *If you delay doing something, it will take longer to do later on.* (Cf. A stitch in time saves nine.)

5.

Any port in a storm. In adverse circumstances one welcomes any source of relief or escape.

Red sky in the morning, sailors take warning. Red sky in the evening, sailors' delight.

All's fair in love and war. In certain highly charged situations, any method of achieving your objective is justifiable

All's well that ends well. If the outcome of a situation is happy, this compensates for any previous difficulty or

It never rains but it pours.

unpleasantness.

Misfortunes or difficult situations tend to follow each other in rapid succession or to arrive all at the same time.

(Cf. "It's like waiting for a bus. You'll be waiting so long for one, then two will come at once.")